

Eckroth Music Recommends Beginner Instruments Using 3 Simple Steps

- 1. View each student's teeth, chin and lips
- 2. Based on the student's physical features, assign three numbers using the examples below.
- 3. Use the corresponding numbers below to recommend an instrument.

TEETH:

1 = Even

2 = Uneven

1



CHIN:

3 = Large (round or square)

4 = Pointed





LIPS:

5 = Full or large

6 = Medium

7 = Thin

5



1,3,5: Trombone, Euphonium, Tuba

1,3,6: Trumpet, Trombone, Euphonium

1,3,7: Trumpet, Horn, Flute

1,4,5: Clarinet, Saxophone, Flute

1,4,6: Clarinet, Flute

1,4,7: Trumpet, Horn, Flute

2,3,5: Clarinet, Saxophone

2,3,6: Clarinet, Saxophone, Oboe

2,3,7: Clarinet, Saxophone, Oboe

2,4,5: Clarinet, Saxophone

2,4,6: Clarinet, Saxophone, Oboe

2,4,7: Clarinet, Saxophone, Oboe

Helpful things to consider...

FLUTE

- Straight/even teeth (NO overbites!)
- Medium to full lips (bottom lip "cushion")
 Good distance from nose to top lip
- No Bow/V in top lip
- No double-jointed fingers (longer = good)

CLARINET

- Feel/make "flat" chin
- No thin bottom lip
- No protruding top teeth or sharp/jagged bottom teeth
- · Longer fingers = good

SAXOPHONE

Same as clarinet but can have uneven teeth

TRUMPET

- Straight/even teeth (no under bite)
- Pointed chin
- Thin to medium lips (top lip = good color)
- Check three fingers of right hand for dexterity

HORN

- Straight/even teeth
- Thin to medium lips (more thin)
- Good sense of pitch

LOW BRASS

- Even teeth less critical
- Large chin (round/square)
- Bigger chest cavity
- Medium to full lips (tuba = full)
- Good distance from nose to top lip
- · Arm length for trombone
- Longer torso (tuba)

PERCUSSION

- Minimum of two years piano HIGHLY encouraged
- Multiple instruments learned simultaneously including all keyboard instruments, drums, and accessories

